



**Kenya Women & Children's
wellness centre**
Your health. Our commitment!

Working Towards Prevention & Response of Gender Based Violence



www.kwcwc.org

Introduction

The Kenya Women and Children Wellness Centre (KWCWC) project is intended to provide health care services to marginalized groups in, under resourced communities in Kenya and beyond, focusing on but limited to Gender Based Violence and training of first responders, to provide quality and compassionate care.

KWCWC is an extraordinary campus with a broad vision to provide quality services to families in the Eastern Africa region. The campus is designed to offer comprehensive services - such as medical, psychosocial, legal, and a safe space for survivors to reduce the burden of managing healthcare. KWCWC is committed to building capacity for the next generation of first responders- healthcare workers, law enforcers, and judiciary on proper response to community needs and behavioral changes.



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About Us

KWCWC is managed by Board of Directors and is a historic new beginning in the provision of healthcare services in Kenya. Established in 2010, KWCWC is located on the campus of United States International University-Africa (USIU-A) in Nairobi Kenya, and housed on 10 acres of dedicated land. The centre will be a state of the art healthcare facility whose programming shares a common intent to serve the health and wellness of the community.

The already established first phase of the centre include a training institute where practitioners are trained in healthcare administration and systems, Gender Based Violence Recovery Center (GBVRC), Family Village (safe shelter), Research and data centre. The second phase will be comprised of a 234 bed In-Patient hospital, Out-Patient clinics and Forensic Lab.

To create awareness of these initiatives, KWCWC has been conducting a community outreach programs geared towards the prevention of GBV. The program embraces multiple of projects that address women / girls and vulnerable persons in the society while engaging their male / boys counterparts to reduce the prevalence of SGBV.

The Community Outreach Program (COP) has put up resource-based activities through training and capacity building of service providers and further cascading sensitizations and awareness initiatives that has seen more than 10M beneficiaries within the project areas. Through these series of interventions by the COP, it is projected that the society will be better equipped with right knowledge on how to respond to SGBV cases; and further increase reporting and referrals of survivors to multi-sectoral points of care, including KWCWC GBVRC unit which is a one stop centre for GBV services.



Some of the unique features of the Centre include:

Research Institute

The Institute will lead in Healthcare Research and Innovation not only in Kenya but also in East African region. Through comprehensive research and data collection, the institute will generate valuable insights into various health issues, including infectious diseases, chronic conditions, gender, and maternal and child health. This knowledge will inform the development of effective prevention, treatment, and care strategies tailored to the specific needs of the region's diverse populations. The institute's state-of-the-art blood bank will play a vital role in ensuring the availability of safe blood products for transfusions, surgeries, and other medical procedures, saving lives and improving healthcare outcomes across Kenya and the region. The Research Institute in conjunction with blood bank services, will have a profound impact on the health and well-being of individuals and communities.



Information



The Training Institute

The Institute identifies the need of world class, continuous training to students & professional in its persuit to healthcare development. To achieve this objective, we are proud to announce its offering of space such as fully equipped auditorium, classrooms, lecture & training halls & meeting room at reasonabvle costs for hiring on long & short term basis. the proceeds of rentals will be utilized to support the Gender-Based Violence Recovery Center and survivors.

The Training Institute can accommodate groups of 5 to 100 people, and the



Empowerment



Gender Based Violence Recovery Centre (GBVRC)

The GBVRC serves as a beacon of hope for survivors of physical, psychosocial, social economic, sexual and harmful traditional practises. We provide comprehensive care and support, which is not limited to medical treatment, psychosocial support, and legal assistance, helping survivors to reclaim their lives and fostering their resilience. Beyond direct care, we actively engage in community outreach and education, challenging harmful gender norms and promoting positive behavioral change. Our advocacy efforts shape national policies to protect survivors and prevent future violence. Together, we are committed to creating a world “Free from GBV”



Medical Care & Support



Family Village - GBV Shelter

The shelter provides a secure haven to the GBV survivors & their families, thereby offering a nurturing environment for healing and empowerment. Through comprehensive counseling and transition services, we guide survivors on their journey towards stability and independence, by strengthening families during their most vulnerable times. We reduce the risk of recidivism and foster lasting resilience. Our commitment extends beyond immediate care, as we actively facilitate economic and social re-integration, enabling survivors to reclaim their lives and contribute meaningfully to their communities.



Safe Space



Healing Gardens

The gardens at KWCWC offer a serene sanctuary for healing, growth, and balance, fostering a holistic approach to well-being that integrates the body, mind, and spirit. Through guided mindfulness exercises, meditation, and nature therapy, individuals can embark on a journey of self-discovery and inner peace. The tranquil setting provides a safe space for reflection, relaxation, and stress reduction, allowing individuals to connect with their inner strength and resilience. Nurturing a deeper understanding of the inter-connectedness of emotional, physical, and spiritual well being. The gardens at KWCWC complement traditional treatments and empower individuals to take charge of their healing journey.



Serenity



Community Outreach Program

Since its inception in 2010, the KWCWC has been a symbol of optimism for communities, law enforcers, and healthcare providers in the fight against Gender Based Violence (GBV). With its outreach programs reaching over 10 million individuals, KWCWC has played a pivotal role in strengthening the responses of critical sectors and driving long-term impact in eradicating GBV.

At the heart of KWCWC's mission lies the empowerment of key actors in preventing and responding to GBV. Through multi-stakeholder partnerships and community engagement, KWCWC has fostered a collaborative environment for addressing the root causes of GBV and promoting sustainable change. KWCWC's training and sensitization methods have proven effective in enhancing participants' knowledge and skills. Group discussions, covering key program concepts, have facilitated a deeper understanding of GBV prevention and response strategies. Feedback from police gender desks, leadership departments, and healthcare facilities has been valuable in measuring project outcomes and identifying areas for improvement.

Recognizing the need of self-care support for police instructors and debriefing for healthcare workers handling GBV cases, KWCWC is committed to addressing the gaps. Through psycho-social support services, KWCWC aims to strengthen the resilience of those working on the GBV prevention and response.

Awareness & Advocacy



KWCWC's portfolio of projects encompasses a comprehensive approach to GBV to include:

- GBV Prevention and Response Projects
- Reproductive Health and Rights Education
- Child Protection
- Campaigns Against Female Genital Mutilation
- Capacity Building of GBV First Responders Workers

Capacity building of healthcare providers and law enforcers, ensures that survivors of GBV receive the necessary support and services. With its focus on multi-stakeholder partnerships and community engagement, KWCWC is paving the way for a future where GBV is no longer a reality.



**Awareness
& Advocacy**



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