

Community OUTREACH PROGRAM

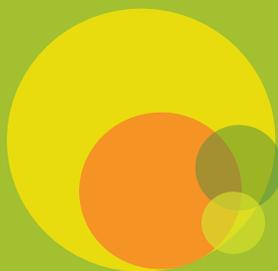
NEWSLETTER

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MEDICAL / PSYCHOSOCIAL / LEGAL SUPORT



**Kenya Women & Children's
wellness centre**

Your health. Our commitment!

Community Outreach Program

Kenya Women and Children's Wellness Centre /JRJFI aims to reduce GBV in Kasarani with the ultimate goal of reducing HIV/AIDS infections within the program area. Through the outreach program, JRJFI/KWCWC has been able to establish a GBV prevention program with specific thematic areas addressing the teachers and schools; community and faith based organizations; youth and health workers; provincial administrative leaders and paralegals. The implementation activities are geared towards behavior change in order to entrench a culture that respects the sanctity and dignity of human beings irrespective of gender.

Vision

We envision to positively impact the lives of communities in the provision of sustainable and development programs.

Mission statement

To provide the society with integrated programs that promotes quality of life through research, capacity building, empowerment, advocacy and service delivery.



Key thematic areas

- ★ Education
- ★ Democracy and good governance
- ★ Human Rights and Advocacy
- ★ Gender empowerment & children protection
- ★ Healthier communities
- ★ Research

Core Values

- ★ Act with integrity, professionalism
- ★ Practice fairness, compassion, respect and tolerance.
- ★ Uphold dignity
- ★ Provide quality services
- ★ Encourage team work
- ★ Promote innovativeness and creativity.

Services Provided

- ★ Training and capacity Building
- ★ Mentor-ship programs
- ★ Counseling & Psychosocial support
- ★ Free Legal Aid
- ★ Child Protection and Mediation
- ★ Support Group
- ★ GBV Networking
- ★ Referral for Medical , Security, and Safe spaces / shelter

Key Achievements

- ★ We successfully conducted a mapping exercise within Kasarani District.
- ★ We managed to disseminate National guidelines and tools on sexual Violence, simplified Sexual Offences Acts (SOA, 2006) and PRC forms.
- ★ We installed six suggestion boxes in six pilot primary schools within Kasarani
- ★ We trained 1,510 teachers on GBV prevention and on basic counseling skills from different schools in Kasarani.
- ★ We managed to form 8 locational based GBV committee teams in the project area.
- ★ The youth groups initiated the Zimmerman P.C.E.A gender desk and Gatheca youth group gender desk.
- ★ We engaged motorcycle men in the fight against GBV and provided them reflector jackets with messages of tolerance to GBV.



School Sensitization



Creating awareness during Kamuthi chief Baraza

The Religious Leaders Program

The religious project instituted under the community outreach program has been one of the most vibrant forums we have since we started in September 2011. Meetings after meetings have been held for both Christian and Muslim leaders to train/sensitize them on the subject matter 'Gender based violence prevention' in various religious organizations in Kasarani Sub-County. Thanks to all our program officers for efforts towards this achievements.

Empowering religious leaders through capacity building has proven to be fundamentally important as it has helped them to screen acts of gender based violence amongst their congregants and act as the link between them and various referral centers.

The journey has been long, exciting and full of great achievements. Seeing many of them after our trainings and sensitizations coming out boldly to speak and preach against gender violence in the community, churches and mosques. This has not only helped break the silence against the forms of violence among religious people but has also ultimately become the wind beneath our wings stirring us to go higher in our fight against this scourge



COP officer giving legal advice to school going children

Legal program.

The project provided the community with free legal aid services in various parts of Kasarani including: Mathare, Kariobangi, Githurai, Mwiki, Kahawa west, Korogocho and Zimmerman areas. Volunteer Legal experts attended to 460 cases which were of different areas of law. Majority of these cases were family issues e.g child maintenance, succession matters, land among others. Some of the clients have since followed up their cases with us while some referred to various organizations where they could get further assistance.

At the Mathare information desk, we have so far provided legal advice to the community to a total of ninety four (94) clients whereby cases are mostly on family disputes and child negligence, because of this, we found it prudent to initiate alternative dispute mechanism on the cases as from January 2014.

Community Program



Engaging Marurui Bodaboda men in the fight against GBV.

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The Community Outreach Program has been addressing sexual and Gender Based Violence in Kasarani and Surrounding areas through capacity building to the community. These involve sensitization, awareness creations and mobilizing communities through GBV discussions and focus groups with an aim of improving their knowledge in handling GBV issues. During the past 3 years of inception, we managed to hold various trainings and sensitizations in different areas of Kasarani District. We managed to roll out data collection tools in various institutions and form GBV sub committees to address these issues at the community level. The trained committee members have been organizing sensitization meetings and forums an indication that they embrace GBV knowledge. Training women, men and community leaders has created a major link in sensitizing the community where they are able to educate other members, rescue and report GBV cases to the relevant authorities



The project was able to equip the community leaders and a few police men with GBV prevention, management and referral skills. The chiefs, sub-chiefs and the chiefs' elders were the greatest beneficiaries of the capacity building. The chiefs were instrumental in organizing for community dialogue forums (Chief Barazas) where community members were sensitized on GBV prevention. Activities and Key Results

The provincial administration in Kasarani has really benefited from the project activities. All Divisional officers, chiefs, sub-chiefs in Kasarani have been trained on GBV prevention, management and on available referral avenues. The relationship between the provincial administration and the community members has also been strengthened through community dialogue forums.

The project implementation team trained Fifty (50) police officers within Nairobi county. The two days curriculum covered various aspects of SGBV; Forensic evidence collection preservation, linkages between the health officers and investigative officers was emphasized. Through the projects initiatives the Police Gender Desks are being revamped.

Through partnering with Department of Public Prosecution (DPP) - Judiciary, Thirty five (35) prosecutors underwent training on forensic evidence and laws that are related to GBV to enable them to understand SGBV prevention, management, referral and evidence presentation in court.

The project also trained eighty eight (88) voluntary children officers (VCO's) within Nairobi. The VCOs double up as GBV and children rights champion's at the community level.

The project has been able to recruit and coordinate members to form the network. The group is composed of all GBV relevant line ministries; (Gender department, Children Department, security organs and the National Gender & Equality commission), the Non-state actors dealing with GBV prevention, management and referral and most importantly GBV community representatives from all the locations in Kasarani.

The group has been able to partner, share information on individual organization project activities to reduce on duplication of activities and maximize on resource utilization.

The Networking group is also engaged in regular lobbying at the national media stations on various issues of interest on GBV. Kenya Broadcasting Corporation (KBC) has been very supportive by offering airtime for the group to address and answer questions on GBV.

The Network members have been meeting monthly to share data on survivors assisted from the areas of operation and also on prevention activities implemented. Data gathered has been very crucial for the provincial administration, the police force and gender department for programming purposes.

KWCWC continues to attend and participate in discussions around GBV at the National Level during the monthly National Gender and Equality Commission meetings (NGEC) addressing policy and action plans that address GBV.

The Youth Program

The youth program instituted under the community outreach program targeted the vibrant group of young men and women in Kasarani community. Meetings after meetings have been held in various areas in Kasarani to train/sensitize them on the subject matter 'Gender based violence prevention'.

These forums provided us with the privilege of interacting with the young minds who in turn engaged us positively in interrogating diverse dimensions to gender violence. Empowering them through capacity building has proven to be fundamentally important as it has helped them to be able to stand and say "no" to all forms of gender based violence that are both society and culturally instigated. Also, it has equipped them with information so as to be able to act as a community agents in crusading for equal rights for both men and women through mental and behavioral change and act as the link between community members who are survivors of gender based violence and centers' that provide the much needed assistance for survivors.

The experience has been exiting and fulfilling to say but the least. Their energy in advocating against gender related violence in their communities and among their peers after our trainings and sensitization has been the reservoir of our un- ending zeal and focus in the fight for reduction of gender based violence. Our dedicated officers have been part and parcel of making these forums huge success and impactful.



Capacity building for health workers on SGBV

KWCWC Community Outreach Program designed a capacity building program aiming at enhancing the capacity of Health Workers to handle cases of Sexual Violence. In line with the training course manual (2011) from the Division of Reproductive health, Health workers are required to be equipped with knowledge, skills and best practices in the management of survivors of Sexual and Gender Based Violence. Kasarani Sub-County has a total of 347 health workers in the 64 Health facilities in the region.

Activities and Key Results

KWCWC has supported the following capacity building forums to the health care workers

- ★ PHMT and DHMT SGBV sensitization forums
- ★ Continuous Medical Education (CME's)
- ★ Post Rape Care workshops
- ★ Trauma counseling trainings days
- ★ Sexual Violence Trainings
- ★ Support to Department of Reproductive Health (DRH) National Gender Technical Working group meetings
- ★ Dissemination of National Guidelines on Sexual Violence, Simplified Sexual offenses Act Booklets to all the facilities, distribution of IEC materials, PRC registers and Forms.

Under the community strategy program in Health sector, Kasarani sub-county is divided into 20 community strategic health units which are headed by the sub-County Health Community Strategy Co-coordinator. Each unit has one Community Health Extension Worker (CHEW) and 50 Community Health Workers (CHWS). For easy access of services by community members and monitoring of the quality of services provided CHEW work with a team of trained community health workers who act as a link between the Government and the community. It is in view of the above that the COP together with the co-coordinator and the CHEW's realized the need to equip the CHW's with the necessary information on GBV prevention, referral mechanisms and systems for survivors, identification of vulnerable persons among other relevant skills for handling



Mathare GBV Information center

For easy access to our services by community members, KWCWC opened a Gender Based Violence (GBV) information Centre at Mathare (suburbs of Nairobi). Services offered at the GBV information Centre include:

1. Resource information on GBV prevention
2. Psychosocial therapy to survivors of GBV
3. GBV Sensitization and awareness creation Forums
4. Screening for miscarriage of justice, Free Legal Aid services and referral for legal redress.
5. Referral, linkages and networking for medical care and safe space shelter

Mathare GBV information centre opened its doors to community members on 1/8/2012 and members of the community were made aware of its existence and the services offered through Chiefs Barazas, sensitization forums and during community outreach programs trainings. At the GBV information centre, we started receiving and attending to such cases

- ★ **Physical abuse**
- ★ **Domestic violence**
- ★ **Defilement**
- ★ **Sexual harassment**
- ★ **Child labour**
- ★ **Child neglect/abandonment**
- ★ **Rape**



At the centre clients are taken through an assessment to establish the nature of abuse after which they are booked in for psychosocial therapy sessions.

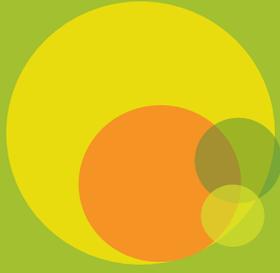
The GBV information centre does not work alone but with and through other partners for comprehensive services. Cases of rape and child defilement cases are referred to MSF or emergency medical attention.

Survivors of physical abuse are provided medical attention at Mathare North Hospital and later report to the area chief or nearest police post.

Cases of children or survivors who require to be removed from abusive environment to safe shelter are referred to WRAP or other shelters that partner with KWCWC COP.

Psychosocial therapy is a process and all the survivors are put under a weekly program of survivors support group whereby a group of people who have suffered the same circumstances seat together and talk about their experiences conducted and directed by a KWCWC counselor or a social worker who have attended to them .This group therapy helps to speed up the healing process and also helps some who could be struggling with bitterness , anger, low self-esteem among many other effects of gender based violence .





Kenya Women & Children's wellness centre

Your health. Our commitment!



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